

# Palliative Care 10-minute Sessions for Personal Care Attendants

## March to July 2025



Join us for **short, sharp 10-minute sessions** about Palliative Care. These sessions are specifically designed for Personal Care Attendants.



**Where: Online via MS Teams**

**When: Wednesdays | 2.30pm Melbourne time for 10 minutes**

What is palliative care?	Wednesday	19 March
What does pain look like?	Wednesday	26 March
De-mystifying morphine	Wednesday	2 April
Eye care at end of life	Wednesday	9 April
Mouth care at end of life	Wednesday	16 April
Pressure care at end of life	Wednesday	30 April
Hygiene care at end of life	Wednesday	7 May
Breathlessness and secretions	Wednesday	21 May
Terminal agitation	Wednesday	28 May
What does dying look like?	Wednesday	4 June
Self-care	Wednesday	18 June

No need to register, just join us in MS Teams using the link below at:

**2.30pm (Melbourne time) on Wednesdays!**

### Microsoft Teams link

[Join the meeting now](#)

Meeting ID: 410 569 952 795

Passcode: kg2z9CN6

For more information, please contact [tanja.bahro@smrpcc.org.au](mailto:tanja.bahro@smrpcc.org.au) or [penny.fletcher@smrpcc.org.au](mailto:penny.fletcher@smrpcc.org.au) or see the website <https://smrpcc.org.au>.



EMRPCC



Grampians Region  
Palliative Care Consortium



Barwon South Western Region  
Palliative Care Consortium



Loddon mallee  
regional palliative care consortium



Gippsland Region  
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HUME REGION  
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